

## **Life Flashes Before-**

when was the last time you had spaghetti for dinner? did you like it?  
do your knees crack when you walk up the stairs?  
the last time you took a bus?

have you ever let out a silent fart?  
except it wasn't silent. and now? the room smells like shit. and everyone knows it was you

how many hours of sleep do you get?

per night?

do you think about that time you tripped and fell in the crosswalk and heard the numbers  
ticking  
down before the light changed?

the cars that honked for you to get up.

are you thinking about it now?

does your mom still ask about that one friend that called you toxic for sticking up for  
yourself? i know someone in your family is wondering how  
they're doing

did you give money to the homeless man outside of mcdonald's?  
or donate to charity at the grocery store?

have you run for the bus and still missed it?  
aluminum or no aluminum in your deodorant?

are flushable wipes really flushable?

did you let love get away?  
when was the last time you were financially stable?

what's your least favorite color?

will you go gentle into that sleepless night?